



# PANTHER PRIDE

## In the Spotlight

Students of the Quarter  
1st Quarter 2020-2021

HIGH SCHOOL



Arianna Tucker



Kevin Cox



Nolan Roemmich



Sukhsahez Padda



Avery Monchamp



Jacob Hartley



Haya Shahla



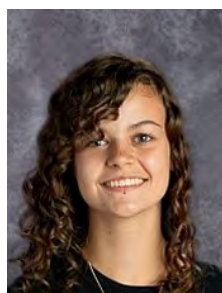
DaShen Dillon-Foulk



Peter Rundle



Aaron Wood



Trinity Altemueller



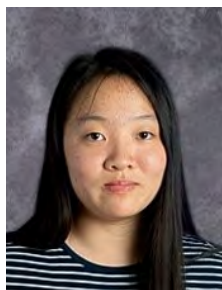
Ella Berg



Cayden Kinneavy



Jaxson Robertson



Annie Cheng



Lorien Ayabe



Thomas Neill



Katelynn Easter



Malena Williams



# Students of the Quarter 1st Quarter 2020-2021 JUNIOR HIGH



Beckett Bjarnason



Benjamin Twombly



Rehaan Grewal



Keira Holien



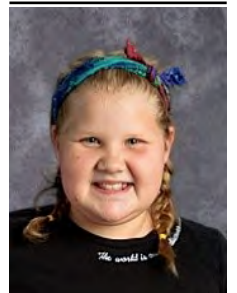
Isla Lynch



Layne McFadden



Grant Kopania



Kylee Bonner



Muriel Bowman



Kai Fuentes



Riley Hayward



Layne Kendall



Matea Lader



Asher Williamson



Kyle Schoonover



Alexis Pas



Jack Nelsen



Raul Martinez-Calderon



Disha Magu



Precious Lofton



DATES TO REMEMBER

Nov. 2	Early Release Day/1:35 PM
Nov. 6-19	Canned Food Drive
Nov. 9	Early Release Day/1:35 PM
Nov. 11	<b>Veteran's Day/School Holiday</b>
Nov. 16	Early Release Day/1:35 PM
Nov. 23-27	Thanksgiving Week/No School
Nov. 30	Early Release Day/1:35 PM
Dec. 7	Early Release Day/1:35 PM
Dec. 8	JH Student of the Quarter
Dec. 9	HS Student of the Quarter
Dec. 11	Ugly Sweater Day
Dec. 14	Early Release Day/1:35 PM
Dec. 15-17	Final Exam Schedule
Dec. 17	1st Semester Ends
Dec. 18-Jan.5	Winter Break



Congratulations to U-Prep senior, Nikolai Orloff!

Nikolai has been awarded the 2020-2021 Hispanic Scholar Award for Excellence in Achievement! Nikolai earned this recognition because of his remarkable academic achievements and outstanding performance on the PSAT/NMSQT.

Mission & Vision

University Preparatory School is an educational community invested in developing confident, capable, and compassionate citizens; its mission to immerse all students "in rigorous academics and meaningful extra-curricular activities" is supported by a collaborative and close-knit community of staff, students and parents and is based upon educational research and professional experience. The faculty and staff work together to provide students with many opportunities to excel academically and develop their potential as educated leaders and citizens in the 21st century through a rich and varied extra-curricular program. This vision is supported by offering a seven- period day to students from grades 6 through 12 so that they may pursue academic interests, such as studying multiple world languages or continue their development in the arts, including dance, drama, art, and music. The objective of this mission is to enable all students to become self-motivated, competent, and lifelong learners.



The 2021 8th grade East Coast Trip has tentative plans! The dates are June 7-13, 2021. Please contact Mrs. Bright for more information, [sbright@suhsd.net](mailto:sbright@suhsd.net)

# EAST COAST TRIP

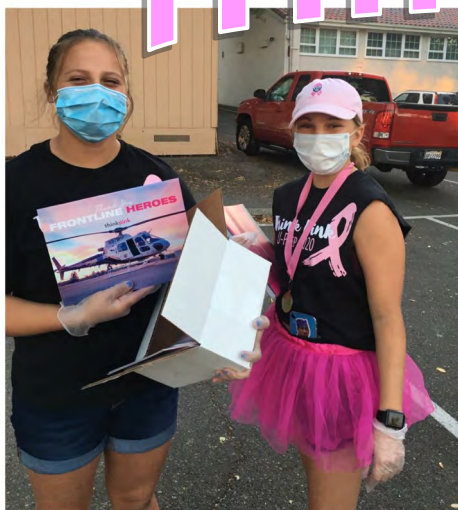


HIGH SCHOOL ADVISOR: KENT SMITH

JUNIOR HIGH SCHOOL ADVISOR: JASPAL GADDY

# STUDENT GOVERNMENT

## THINK PINK!



Our annual Think Pink Day was well supported by students and staff pulling behind those battling breast cancer. Participants donned their best pink outfits while calendars were passed out to families during morning drop-off. Pink lemonade was a lunchtime treat too!

MORE SCENES FROM STUDENT GOV ON FOLLOWING PAGE

## UNITY DAY 2020

The ideas of acceptance, inclusion, and kindness are much needed in our world. What better way to show this than to wear orange on National Unity Day? Unity Day was held on Wednesday, 10/21. Our students and staff looked amazing in their orange. Go Panthers!

## CANNED FOOD DRIVE

As we head into November, the holidays are just around the corner. Our annual food drive will begin on Friday, November 6 through Thursday, November 19. Please donate any unexpired boxed and canned goods to your history classes. All donations will go to the Good News Rescue Mission to support local families.



**Feeding the Community**

## STUDENT AND CLUBS ORGANIZATIONS

Students: interested in starting a club? See Mrs. Aday in the ASB Office (Room 183) to pick up paperwork to get this process going. All clubs need a student leader, members, and a staff advisor. Clubs will need admin approval prior to meeting. All club paperwork will need to include social distancing guidelines and follow all safety protocols in order to be considered and started. For more club information check out [www.uprep.net](http://www.uprep.net) -> Campus Life -> Clubs.





HIGH SCHOOL ADVISOR: KENT SMITH

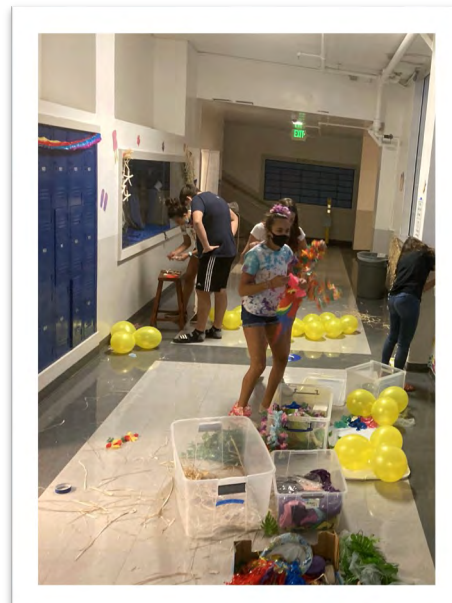
JUNIOR HIGH SCHOOL ADVISOR: JASPAL GADDY

# STUDENT GOVERNMENT

## STUDENT GOVERNMENT



High school Student Government was busy with Spirit Week (parts 1 & 2) during the month of October. Students decorated the halls for the TV Shows theme. Student Government is looking forward to November to kick off the annual canned food drive to benefit the Good News Rescue Mission



## FALL SPIRIT WEEK 2020



### TV SHOWS THEME



# SPORTS NEWS

Fall season workouts are in full-swing in preparation for upcoming seasons. Students are still invited to join! If you are interested in participating please contact the coach for your individual sport.



Cross Country	Karen Bird
Football Varsity	Darren Trueblood
Football JV	Matt Williams
Volleyball	Tawni Kramer
Cheer + Stunt	Jenny Adams
Basketball Boys Varsity	Mark Stephens
Basketball Boys JV	Taylor Angley
Basketball Girls Varsity	Steven Schuster
Basketball Girls JV	Nicole Pringle
Soccer Boys Varsity	Brian Nichols
Soccer Boys JV	Griffin Trayford
Soccer Girls Varsity	Rich Bourne
Baseball Varsity	Bradd Miller
Baseball JV	Taylor Angley
Golf Boys	Joe Maikranz
Softball Varsity	Ally Wimer
Softball JV	Lacy Asdourian
Swimming	Michelle Johnson
Tennis Boys	Matt Goss
Tennis Girls	Matt Goss
Track Co Ed	Kristen Reagan
Wrestling Co Ed	Keith Adams





# U-PREP RUN THE RIVER

## 50km VIRTUAL CHALLENGE

### Supporting U-Prep Cross Country



Accept the Challenge and support UPREP Cross Country by registering today! Simply upload your daily workouts and challenge yourself to accumulate 50km (31 miles) in 30 days. Run, walk or bike - no matter your mode of activity its just 1.03 miles per day - you can do it!

UPREP Cross Country is thankful for our community and we want to inspire Redding to stay active, stay outside, stay thankful and do so while helping support UPREP Cross Country Athletes as they pursue a winter cross country season. Thats right, Cross Country will happen from December - March this year unlike our normal August - November season due to COVID. This change has kept our team from being together and from our regular fundraising efforts that allow our seasons to be possible.

COVID hasn't slowed our athletes down though. UPREP athletes are staying positive, hopeful, fit and ready for whatever this season brings to the table. We hope you will take the UPREP Run The River 50k Challenge and support us in being prepared when our opportunity comes.

It doesn't matter if you live in Redding, CA or not our interactive map will take the mileage you accumulate in your workouts and show you have far you have made it along the UPREP Run The River route, In the end you will earn a UPREP Run the River 50km Virtual Challenge Finishers Certificate and know that 100% of your registration fee and donation dollars directly support our cross country program.

We thank you so much for your support and are excited to get back to racing soon. GO PANTHERS!

[Link to Register](#)

## College & Career Corner + Counseling News

Mrs. Mason, Mr. Williams, & Mr. Maikranz



### PSAT Score Reports available December 7, 2020

How to Get Your Scores: When your PSAT/NMSQT scores are ready online, you'll get an email with instructions on [creating your College Board account](#), going to your [online score report](#), and using your access code to view your scores.

If you need a paper score report, ask an educator at your school.

From your account, you can also print your online score report by clicking the **Download Your Score Report** button.

<https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10/scores/getting-scores>

For details on the score report please see the [sample score report](#) on the next page.



### Senior Information!

Please plan ahead and order your graduation announcements, cap, gown, tassel and more with Ultimate Graduation Company. Link to order: [ultimategrad.com](http://ultimategrad.com)

In case you missed it! Financial Aid Night Presentation. Thank you Brad Williams at College OPTIONS!

[https://drive.google.com/file/d/1ltj\\_ODJPeiM2JXYaE4e7Ujmt\\_HBqJnbm/view?usp=sharing](https://drive.google.com/file/d/1ltj_ODJPeiM2JXYaE4e7Ujmt_HBqJnbm/view?usp=sharing)







• College Application •

# Workshops

Cal State  
UC  
Common App

## University Preparatory School

**Fall 2020**

**LUNCH**

**Room 299**

Workshop.....11/04  
Workshop.....11/10  
Workshop.....11/12

Workshop.....11/17  
Workshop.....11/19  
Workshop.....11/30

Need help filling out college applications?  
Attend one of these Drop-in Workshops!



# ATTENDING

## SHASTA COLLEGE NEXT YEAR?



### 7 Reasons to file a **Financial Aid** Application by **March 2nd!**



FILING BY MARCH 2<sup>ND</sup>  
MAY QUALIFY YOU FOR:

**FAFSA:** [www.fafsa.ed.gov](http://www.fafsa.ed.gov)  
**CA DREAM Act:** [dream.csac.ca.gov](http://dream.csac.ca.gov)

FILING AFTER MARCH 2<sup>ND</sup>  
MAY QUALIFY YOU FOR:

**\$1,656 - \$6,000** (w/Dependents)  
Annual Award

**CAL GRANT**

**\$0 Competitive**  
No Guarantees!

**\$4,000**  
Max. Annual Award

**STUDENT SUCCESS COMPLETION GRANT**

**\$0 Competitive**  
No Guarantees!

**\$4,000**  
Max. Annual Award

**FEDERAL WORK STUDY**

**\$0 Competitive**  
No Guarantees!

**\$1,200**  
Annual Award

**SUPPLEMENTAL ED. OPPORTUNITY GRANT**

**No guarantees**

**\$6,345**  
Annual Award

**PELL GRANT**

**\$6,345**  
Annual Award

**\$1,104**  
Annual Award

**CA. COLLEGE PROMISE GRANT**

**\$1,104**  
Annual Award

**TOTAL \$18,305 -  
\$22,649** (w/Dependents)

*Possible total awarded depends on eligibility*

**\$7,449 TOTAL**

**Award for Students Not Qualifying for  
State and Federal Financial Aid Programs**

**Shasta College Promise Grant** (Tuition Waived)  
**\$1,104 Two Years Free Award** | [www.shastacollege.edu/shastapromise](http://www.shastacollege.edu/shastapromise)



**Free<sup>x2</sup>**  
**IT'S UP TO YOU!**

For specifics on Cal Grant go to  
**[csac.ca.gov/cal-grant-faq](http://csac.ca.gov/cal-grant-faq)**



**Shasta College**

[www.shastacollege.edu](http://www.shastacollege.edu)

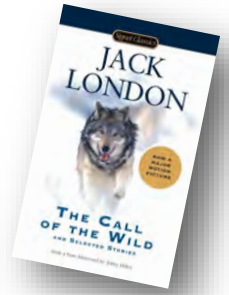
Shasta College is an equal opportunity educator and employer.

**Financial Aid**  
(530) 242-7650



# 7th Grade Perspective

U-Prep's 7th grade Core (history and English) classes recently completed a magnificent study of the hero's journey as they traveled with Buck (the canine protagonist) through many adventures in Jack London's iconic novel, *The Call of the Wild*. While enjoying the assigned literature, 7th graders also bravely traversed plot sequence, characterization, and exploration of theme. Their adventures continued in history as they explored the ancient civilization of Rome, the mighty Byzantine Empire, the majestic Middle East, and the fabled kingdoms of gold in West Africa.



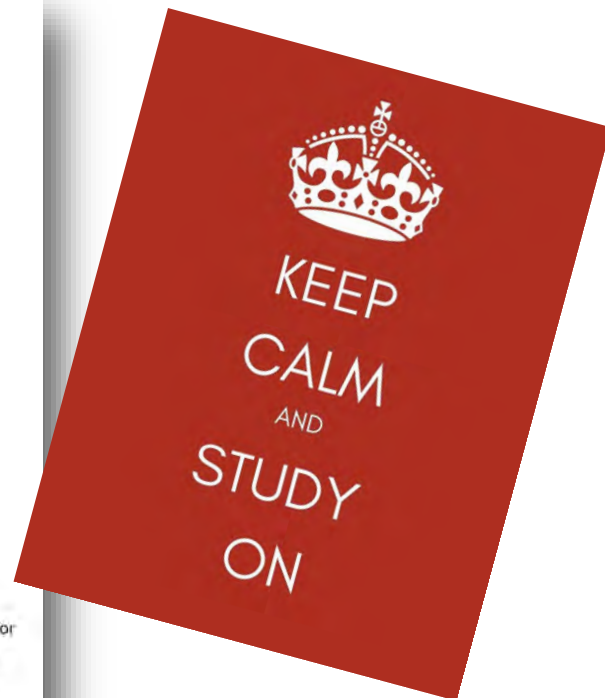
## FINAL EXAM SCHEDULE ~ DECEMBER 2020



### FINAL EXAM SCHEDULE: December 2020

Tuesday, Dec. 15, 2020	
7:40 - 8:25	Period 0 (45 min)
8:30 - 10:15	Period 1 (105 min)
10:15 - 10:25	Break (10 min)
10:30 - 12:15	Period 3 (105 min)
12:15 - 12:55	Lunch (40 min)
1:00 - 2:45	Period 7 (105 min)
2:45 All-School Dismissal	
Wednesday, Dec. 16, 2020	
8:30 - 10:15	Period 2 (105 min)
10:15 - 10:25	Break (10 min)
10:30 - 12:15	Period 5 (105 min)
12:15 - 12:45	Lunch (30 min)*
12:15 All-School Dismissal	
Thursday, Dec. 17, 2020	
8:30 - 10:15	Period 4 (105 min)
10:15 - 10:25	Break (10 min)
10:30 - 12:15	Period 6 (105 min)
12:15 - 12:45	Lunch (30 min)*
12:15 All-School Dismissal	

Monday, December 14<sup>th</sup> will be the last day of a regular class schedule for the first semester of the 2020-2021 school year. **On Tuesday, 12/15, through Thursday, 12/17, high school students will take final exams.** Junior High students will follow the same schedule **but will not be taking comprehensive final exams unless they are in high school classes.** The increased class time will be used for culminating activities.





# COMMUNITY NEWS



The November Sober Grad meeting has been moved to Monday, November 1, 6 PM in Room 302. A Zoom link will be posted on Facebook.

All money raised from the sale of pretzel rods and fortune cookies is due by Friday, November 13. Thank you to our seniors for returning their money envelopes to Mr. Kaukonen or message us via email (uprepsg@gmail.com) to make arrangements for turning it in.

The Dutch Bros. gift card fundraiser kicks off on November 18th! Seniors will be taking orders for Dutch Bros. gift cards through December 7th. These are great holiday stocking stuffers! Order forms for seniors will be posted on our Instagram and Facebook pages before November 18th, so be sure to check in there.

Sober Grad Certificates are on sale! This is the biggest way to support our U-Prep Seniors Sober Grad event. The Class of 2021 is trying to beat the record set last year of 128 certificates sold! To date, the Class of 2021 has sold 6 certificates...SELL, SELL, SELL! Five seniors will be rewarded with Dutch delivered on Monday, November 1st.

Please look for our Sober Grad November Slide Show to be shown in Mr. Kaukonen's class and posted to our social media pages sometime during the first week of November.



Instagram UPrep.2021



UPrep2021

## Adventure to Germany

Summer 2022





Dear Parents & Guardians,

I am thrilled to share this travel opportunity for your student! Learn more about this exciting tour at an information session where we'll discuss:

- What we'll see and do
- Travel logistics
- How to earn high school/college credit
- Affordable payment options
- And more

cisheim@suhsd.net







## WHERE CAN I GET MY YEARLY FLU SHOT?

To avoid overwhelming our hospitals with flu and COVID patients, flu shots are recommended for anyone over six months of age.

Flu shots are easily accessible through:

1. Your Primary Care Provider
2. Local pharmacies, including:
  - a. Walgreens
  - b. Rite Aid
  - c. Costco
  - d. Safeway
  - e. CVS

**Free flu shots are available to all Shasta County residents -- regardless of insurance status, at:**

1. The HHSA drive-thru
  - a. Shasta District Fairgrounds, 10/07/20 from 9:30 a.m. - 2 p.m.
2. The Public Health clinic, by appointment

**Check with your provider for age restrictions.**

To make an appointment at the  
Public Health clinic, call 225-5591.

**[shastaflushots.com](http://shastaflushots.com)**



Shasta County  
**Health & Human  
Services Agency**



## Earn up to 25% on birthday presents and thank you gifts

### Give the gift that gives back

If you need a birthday present or a small way to say thanks, gift cards are always a great choice—whether you shop using gift cards or give them as gifts. It's even more thoughtful because you're giving back to our organization.

**KOHL'S**
**VISA**
**amazon**
**STARBUCKS®**


Explore all 750+ brands on the RaiseRight app or at [ShopWithScrip.com](https://ShopWithScrip.com).

***IT'S SO EASY!***



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## Earn up to 16% on your travels

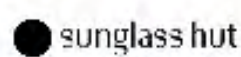
Plan how to get there



Find the perfect place to stay



Pack the essentials



Explore all 750+ brands on the RaiseRight app or at ShopWithScrip.com.

*I realize many people are not traveling right now but is travel in your future? Order Scrip for any of your travelling needs and U Prep earns money back. Win/ Win situation and it is so easy!*

**School Enrollment Code: 1DDALAAE11595**

**Coordinator: Vicki Singer**



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## University Preparatory School 2020-2021 School Calendar

July 2020						
Su	M	Tu	W	Th	F	Sa
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

21

1st Quarter Ends: October 9 (43)  
 1st Semester Ends: December 17 (43)  
 3rd Quarter Ends: March 19 (47)  
 2nd Semester Ends: May 27 (42)

Shaded = Student Attendance Days (175)

August 2020						
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September 2020						
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October 2020						
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November 2020						
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December 2020						
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January 2021						
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February 2021						
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March 2021						
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April 2021						
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June 2021						
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FINAL EXAMS						
MINIMUM DAY						
ACADEMIC CONFERENCES						
Special Bell Schedules are subject to change due to COVID-19 circumstances						

### HOLIDAYS/RECESSES

Labor Day	Sep 7
Veteran's Day Holiday	Nov 11
<i>(by law must be Nov 11 if a weekday)</i>	
Thanksgiving Break	Nov 23-27
Winter Break	Dec 18-Jan 4
Martin Luther King Day	Jan 18
Lincoln Day observed	Feb 15
Washington Day observed	Feb 16
February Recess	Feb 15-19
Spring Break	Apr 2-Apr 12
Memorial Day	May 31

Thanksgiving - November 26  
 Easter - April 4

### CERTIFICATED DATES

School Starts: August 11	Graduation: May 28
School Ends: May 27	
Staff Work Days	Aug 10
	May 28
	Jun 1
Staff Development Days	Aug 7
	Jan 5
	Apr 12
Snow Day Makeup:	June 1
<i>(If snow day makeup is used, then June 1 work day will be moved to June 2)</i>	

Board Adopted 9-4-19



**JUST  
ADDED!**

## University Preparatory School 2021-22 School Calendar

1st Quarter Ends: October 8 (42)  
 1st Semester Ends: December 22 (46)  
 3rd Quarter Ends: March 18 (44)  
 2nd Semester Ends: May 26 (43)

*Shaded = Student Attendance Days (175)*

15

Su	M	Tu	W	Th	F	Sa
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 Memorial Day ..... May 30

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 May 27  
 Jun 1  
 Staff Development Days △ Aug 9  
 Jan 7  
 Apr 18  
 Snow Day Makeup: May 31